

YOU HAVE BEEN PROVISIONALLY DIAGNOSED WITH A CONDITION THAT WARRANTS RESTRICTIONS ON DRIVING (TICKED BELOW). PLEASE FOLLOW THE APPROPRIATE INSTRUCTIONS AND INFORM YOUR GP AND THE DVLA (IF INDICATED).

CEM SUMMARY OF DVLA GUIDE (AUGUST 2011) TO THE MEDICAL STANDARDS OF FITNESS TO DRIVE (ON COMMON ED CONDITIONS)

DISORDER	GROUP 1 ENTITLEMENT ODL – CAR, M/CYCLE	GROUP 2 ENTITLEMENT VOC – LGV/PCV
FIRST UNPROVOKED EPILEPTIC SEIZURE/SOLITARY FIT	6 months off driving from the date of the seizure unless there are clinical factors or investigation results which suggest an unacceptably high risk of a further seizure, i.e. 20% or greater per annum.	5 years off driving from the date of the seizure if recent assessment by a neurologist indicates that the risk of a further seizure is greater than 2% per annum.
Reflex Vasovagal Syncope Syncope with the “3Ps” (Provocation/Prodrome/Postural) If recurrent, will need to check the “3 Ps” apply on each occasion.	No driving restrictions. (Except Cough Syncope) DVLA need not be notified.	No driving restrictions (Except Cough Syncope) DVLA need not be notified
Loss of consciousness/ loss of or altered awareness likely to be unexplained syncope but with a high probability of reflex vasovagal syncope.	No driving restrictions. DVLA need not be notified.	Can drive 3 months after the event. (Except Cough Syncope)
Loss of consciousness/ loss of or altered awareness with High Risk Factors. (Includes more than one episode in previous six months)	Licence refused/revoked for 6 months if no cause identified. Can drive 4 weeks after the event if the cause has been identified and treated.	Licence refused/revoked for 12 months if no cause identified. Can drive 3 months after the event if the cause has been identified and treated.
Presumed Loss of Consciousness/loss of or altered awareness with Seizure markers.	6 months off driving from the date of episode. If a person suffers recurrent episodes of loss of consciousness with seizure markers, 12 months’ freedom from such episodes must be attained.	5 years off driving from the date of an episode if the licence holder has undergone assessment by an appropriate specialist and no relevant abnormality has been identified.
COUGH SYNCOPE	Driving must cease for 6 months if a single episode, increased to 12 months if multiple attacks.	5 years off driving from the date of the last attack.
CEREBROVASCULAR DISEASE: including stroke due to occlusive vascular disease, spontaneous intracerebral haemorrhage, TIA , amaurosis fugax and intracranial venous thrombosis.	Must not drive for 1 month. May resume driving after this period if the clinical recovery is satisfactory. There is no need to notify DVLA unless there is residual neurological deficit 1 month after the episode; Multiple TIAs over a short period may require at least 3 months free from further attacks before resuming driving and should notify DVLA.	Licence refused or revoked for 1 year following a stroke or TIA . Can be considered for licensing after this period provided that there is no debarring residual impairment likely to affect safe driving and there are no other significant risk factors.

DISORDER	GROUP 1 ENTITLEMENT ODL – CAR, M/CYCLE	GROUP 2 ENTITLEMENT VOC – LGV/PCV
ANGINA	<p>Driving must cease when symptoms occur at rest, with emotion or at the wheel.</p> <p>Driving may recommence when satisfactory symptom control is achieved.</p> <p>DVLA need not be notified.</p>	<p>Refusal or revocation with continuing symptoms (treated and/or untreated)</p> <p>Re-licensing may be permitted thereafter provided:</p> <ul style="list-style-type: none"> • Free from angina for at least 6/52 • The exercise or other functional test requirements can be met. • There is no other disqualifying condition.
ACUTE CORONARY SYNDROMES (ACS)	<p>If successfully treated by coronary angioplasty, driving may recommence after one week.</p> <p>If not successfully treated by coronary angioplasty, driving may recommence after four weeks provided:</p> <ul style="list-style-type: none"> • There is no other disqualifying condition. <p>DVLA need not be notified.</p>	<p>All Acute Coronary Syndromes disqualify the licence holder from driving for at least six weeks.</p> <p>Re/licensing may be permitted thereafter provided:</p> <ul style="list-style-type: none"> • The exercise or other functional test requirements can be met. • There is no other disqualifying condition.
ARRHYTHMIA Sinoatrial disease Significant atrio-ventricular conduction defect Atrial flutter/fibrillation Narrow or broad complex tachycardia.	<p>Driving must cease if the arrhythmia has caused or is likely to cause incapacity.</p> <p>Driving may be permitted when underlying cause has been identified and controlled for at least four weeks.</p> <p>DVLA need not be notified unless there are distracting/disabling symptoms.</p>	<p>Disqualifies from driving if the arrhythmia has caused or is likely to cause incapacity.</p>
HYPERTENSION	<p>Driving may continue unless treatment causes unacceptable side effects.</p> <p>DVLA need not be notified.</p>	<p>Disqualifies from driving if resting BP consistently 180 mm Hg systolic or more and/or 100 mm Hg diastolic or more.</p>
DIABETICS with Impaired awareness of Hypoglycaemia	<p>If confirmed, driving must stop.</p> <p>Driving may resume provided reports show awareness of hypoglycaemia has been regained, confirmed by consultant/GP report.</p>	<p>If confirmed, driving must stop.</p> <p>Driving may resume provided reports show awareness of hypoglycaemia has been regained, and there are no other debarring complications of diabetes such as a visual field defect.</p>
PERSISTENT ALCOHOL MISUSE	<p>Licence revocation or refusal until a minimum six month period of controlled drinking or abstinence has been attained, with normalisation of blood parameters.</p>	<p>Revocation or refusal of a vocational licence until at least one year period of abstinence or controlled drinking has been attained, with normalisation of blood parameters.</p>
ALCOHOL DEPENDENCE	<p>Licence revocation or refusal until a one year period free from alcohol problems has been attained.</p>	<p>Vocational licensing will not be granted where there is a history of alcohol dependence within the past three years.</p>
LIABILITY TO SUDDEN ATTACKS OF UNPROVOKED OR UNPRECIPITATED DISABLING GIDDINESS	<p>Cease driving on diagnosis.</p> <p>Driving will be permitted when satisfactory control of symptoms achieved.</p>	<p>Licence refused or revoked if condition sudden and disabling.</p> <p>Must be symptom free and completely controlled for at least 1 year from last attack before re-application.</p>